Anya Paintsil works at the intersection of textile and sculpture, engaging in practices like rug-hooking, embroidery and tapestry-making; some of which she learned from family members. She frequently incorporates weaves, braids and other hair pieces as materials in her work. Paintsil explores topics such as the female gaze, personal relationships and collective prejudices; topics that have been informed by her experiences growing up in North Wales in a mixed-race family. Paintsil studied at the Manchester School of Art, was awarded the Wakelin prize in 2021 and had solo exhibitions at the Glynn Vivian Museum, Swansea (2021) and We are all made of you, Ed Cross, London (2022). Her work is in the collections of The Whitworth (Manchester, UK), Glynn Vivian (Swansea, UK), Tullie House (Carlilse, UK), The Women's Art Collection (Cambridge University, UK), The Stedelijk Museum (Amsterdam, NL) and Amoako Boafo (Accra, GH).3216